

## **Prasutitantra And Striropa Department**

### **INTRODUCTION-**

Our department deals with God's beautiful creation the "Women" who in turn has received the greatest gift to give birth to an offspring i.e.'Motherhood'.Health as per Ayurveda is defined as equilibrium of Dosha,Agni and Dhatu as well as healthy state of mind.Our department focuses on these aspects to treat the patients.The emphasis is given on patient's diet practices and all the gynaecological disorders are dealt with proper attention.Regular ANC care is given priority.

### **AIM-**

To strengthen the backbone of the society and the main pillar of the home i.e, '**THE WOMEN**' by treating the gynaecological diseases mainly the cervical cancer, infertility and to give safe motherhood and the best future for the society by means of '**suprajanan**'

### **OPD –**

It is situated on the ground floor of the Hospital.We have a well Equipped OPD with Gynaec Examination table, Fetal Doppler and all the necessary equipments.

Everyday we conduct the OPD for-

- 1. ANC**
- 2. Infertility**
- 3. Family planning,**
- 4. Leucorrhea**
- 5. Cervical Erosions**
- 6. Menorrhagia**

and all other gynaec diseases are treated with Ayurvedic- wherever needed with allopathic drugs and operative procedures.

- 1) For Infertility patients, we have a very good Ayurvedic treatment– many cases who have tried all allopathy medicines even the IVF are receiving our treatment .
- 2) We follow mainly Ayurvedic treatment-like first bastikram and then the uttarbasti in many gynaec disorders
- 3) We have got the results in PCOD, Oligomenorrhea, Menorrhagia and such

menstrual abnormalities which in present days are the major causes of infertility and also which hampers day to day life of females.

4) ANC checkup is carried on regular basis.

5) Garbhasanskar is given utmost importance-Meditation,relaxation and visualization techniques with Ayurvedic drug regimen is being followed.

#### **IPD-**

The necessary services for admitted patients are taken into account.

#### **Student Oriented Activities :**

- Regular lectures and clinics are being held as per NCISM syllabus
- Regular tutorials and term examination is being held so as to assess progress of the students
- Updation and re-orientation regarding recent advances in gynaecology and obstetrics is given to students

#### **Camps and Activities-**

- Various camps are being conducted
- Thermalytics session for detection of breast carcinoma was being held in the OPD
- HPV vaccination project is to be carried out.